

Learn how to take your life to the next level

Join us at the Book Signing of

Excel at Sports

Be the Best at Sports, Business
& Life with NLP Neuro
Linguistic Programming:

**Get your book signed from
Best Selling Author
Jimmy Petruzzi**

www.nlp-trainingcourses.com



Venue: WH Smith Trafford Centre Manchester

Date: February 9th

Time: 4.30pm to 9pm

Excel at Sports by: Jimmy Petruzzi is a simple, concise and ground-breaking guide to NLP Neuro Linguistic Programming and other techniques that can give you that extra 1%, whether in sports, business or life in general

Jimmy Petruzzi is a world-renowned performance coach and NLP expert, best selling Author, Radio Broadcaster and Motivational Speaker. For over 15 years he has worked with, and continues to work with, many top-level Businesses, athletes and Sporting teams. From some of the world leading Businesses to Premiership footballers. Olympic athletes, Jimmy is able to help everyone achieve their peak performance in all aspects of life.

Book reviews:

"You need to look no further than Jim's book Excel in Sports when it comes to getting motivated to succeed in sports or life. Jim shows you that anything is possible if you stay focused and motivated."

Andy Paschalidis, Presenter, Sky Sports Radio Australia

I can say that the time he has spent with Jim has changed my Sons life both on and off the Football Field. With all the help and advise he has given him both Physical and mentally. My Son now has a 2 year Professional Football Contract; visits Jim every year for top up sessions. We can't thank Jim enough for everything he has done to help Jordan achieve his Goals and I don't think my Son would be were he is today if we had met Jim. I would highly recommend any coach or sports person get a copy of the Jims new book as it underpins much of the excellent work he does

Paul Trinci Lynne

Testimonial: "Your style of teaching surpasses excellence. A massive thank you for helping me on my own personal journey, for my learnings and my continued learning's. The programmes you taught are excellent, very intellectually stimulating, and I have found as a result of completing the course, that I use what we learnt daily in both home and work life. It has definitely shaped me and become a big part of who I am today. Thank you." **David Go'shay**